



KARATE FEDERATION OF BALKAN



20TH BALKAN KARATE CHAMPIONSHIP

brežice
SLOVENIA

CADET, JUNIOR, U21



**6TH TO 8TH OF
DECEMBER 2019**

OFFICIAL INVITATION

Mr. Esat Delihasan

President of Karate Federation of Balkan

Dear athletes, coaches and friends of karate,

It is a great honor to invite you to the 20th Balkan Karate Championship for Kadets, Juniors & U21 which will take place in Čatež/Brežice, Slovenia, from 6th to 8th of December, 2019.



Welcome to a country on the sunny side of the Alps, which is celebrating its 50 year anniversary of Karate this year.

Organizing such an event is a prestigious and great responsibility. We hope that all participants will feel the hospitality of Slovenia. Karate Federation of the Balkans is actively working towards the endorsement of the philosophy and spirit of Karate, it promotes and develops Karate as an elite sport, as well as a mass sport for everyone.

The Balkan Karate Championship in Čatež/Brežice is more than just a competition, it is a place where friendship, respect and tolerance meet. The Karate sport is a challenge to the human spirit, the will and strength of the human body, daring and respect towards the opponent and a century old wisdom from the path.

I wish all participants good health and strength, boldness, respect and dignity, and many sports victories.

Please accept my most sincere greetings and best wishes for success.



OFFICIAL INVITATION

Mr. Slavoljub Piper

General Secretary of Karate Federation Balkan

Dear sportsmen, judges and friends,

First of all I would like to express pleasure that the Karate Federation of Balkan became very stable and more organized.



This is organization which gathers in its membership leading national federation and sportsmen from Europe and the whole world. I am sure that this Balkan championship, which will be organized in Brežice/Čatež, will contribute to our organization in order to strengthen respect in organizational and competitive manner.

I wish to all participants to fill comfortable in Slovenia and to achieve the desired results.

OFFICIAL INVITATION

Mr. Borut Stojin

President of the Karate Federation of Slovenia

This year Slovenian Karate is celebrating its 50th anniversary and it is a great pleasure and an honor that in this time I can invite you to the 20th cadet, junior and U21 Balkan Championship, which will be held in Čatež/Brežice, Slovenia from 6th to 8th December of 2019.



When you arrive in Slovenia carry with you the slogan **I FEEL SLOVENIA**, which expresses a balance between calmness of nature and diligence of the Slovene people. Let the hospitality and uniqueness of Slovenia touch you. We hope that you will take a piece of Slovenia back with you to your homes throughout the Balkans.

Together with each and everyone of you who are wholeheartedly committed to karate, we will create a one-of-a-kind sporting and friendly event. We are glad to expand the Balkan Karate family in Slovenia.

We are convinced that a high level of motivation, a high level of readiness of all competitors and a large number of registered competitors will be a good opportunity for the promotion and development of karate, a sport to which we are committed.

Let me emphasize that this will be one of the last opportunities for competitors to compete with each other before the upcoming European Championship for Cadets and Juniors.

We wish all competitors successful and fair performances. Let the better ones win.

Thank you in advance for your mass participation.

1. GENERAL INFORMATION ABOUT SLOVENIA

Slovenia or officially the Republic of, is a country located in southern Central Europe at a crossroads of important European cultural and trade routes. It is bordered by Italy to the west, Austria to the north, Hungary to the northeast, Croatia to the southeast, and the Adriatic Sea to the southwest. It covers 20,273 square kilometers (7,827 sq mi) and has a population of 2.07 million. One of the successor states of the former Yugoslavia, Slovenia is a parliamentary republic and a member of the United Nations, member of the European Union, and member of NATO. The capital and largest city is Ljubljana.

Slovenia has a mostly mountainous terrain with a mainly continental climate, with the exception of the Slovene Littoral, which has a sub-Mediterranean climate, and of the northwest, which has an Alpine climate. Additionally, the Dinaric Alps and the Pannonian Plain meet on the territory of Slovenia. The country, marked by a significant biological diversity, is one of the most water-rich in Europe, with a dense river network, a rich aquifer system, and significant karst underground watercourses. Over half of the territory is covered by forest. The human settlement of Slovenia is dispersed and uneven.

Slovenia has historically been the crossroads of Slavic, Germanic, and Romance languages and cultures. Although the population is not homogeneous, Slovenes comprise the majority. The South Slavic language Slovene is the official language throughout the country. Slovenia is a largely secularized country, but Catholicism and Lutheranism have significantly influenced its culture and identity. The economy of Slovenia is small, open and export-oriented and is thus strongly influenced by the conditions of its exporting partners' economies. It has been severely hurt by the Eurozone crisis which started in 2009. The main economic field is services, followed by industry and construction.



*Lake Bled, Slovenia

2. USEFUL INFORMATION ABOUT SLOVENIA

Currency

The euro (sign: €) is the official currency of 19 of the 28 member states of the European Union and Slovenia as well. The euro, which is divided into 100 cents, is the second-largest and second-most traded currency in the foreign exchange market after the United States dollar. Foreign currency can be exchanged in banks, exchange offices, post offices and in the majority of tourist information offices, hotels. Credit cards (Eurocard / Mastercard, Visa, American Express and Diners) are accepted in almost all hotels, restaurants, shops and cash machines. More information can be found on the National bank of Slovenia's official website <https://www.bsi.si/>

Power supply: 220 V, 50 Hz

Our guests should note that power outlets in Slovenia are the same as most of the balkan states - Continental two-pin type.

Water

Tap water is very clean and drinkable in all parts of Slovenia.

Time zone

Brežice is in the CET zone - Central European Time (GMT+1 hour). Summer time is from the end of March to the end of October (GMT+2 hours).

Telephone code for Slovenia is +386.

Travel documents + VISA

A valid passport or some other identification document recognized by international agreement; for certain countries a personal identity card is sufficient (i.e. a document which testifies to the identity and citizenship of the bearer).

For more information about VISA contact the ministry of foreign affairs:

Ministrstvo za zunanje zadeve
Sekretariat
Šubičeva ulica 10
1000 Ljubljana
01 478 23 05
konzularne-zadeve.mzz@gov.si

Customs regulations:

https://www.fu.gov.si/carina/poslovanje_z_nami/carinski_predpisi/

Medical care and health services

Medical care is very well spread across Slovenia. All Slovenian cities have health centres, while there are individual clinics in small towns. All Slovenian settlements are served by



emergency medical assistance, even by helicopter if necessary. The nearest hospital is in Brežice, which is about 5 km from the hotels and in the same city, where the competition will take place. In Slovenia, there is no risk of contracting any dangerous disease, which is why there are no special vaccinations for entry into the country. When travelling to Slovenia, the vaccination against tetanus is recommended, but not necessary. For minor problems, such as colds, headaches, fever or insect bites, it is possible to obtain medications in pharmacies without prescription as well. The majority of Slovenian towns have pharmacies, while there are also 24 hour pharmacies in the cities. The citizens of European Union Member States can travel to Slovenia with the European Health Insurance Card. This card can also be obtained by the citizens of Iceland, Liechtenstein, Norway and Switzerland. The card gives you access to health services in the public health sector, i.e. at the doctors and pharmacies, under the same conditions as the Slovenian citizens. If you do have to pay for health services in Slovenia, you will be reimbursed after your return to your homeland. With the European Health Insurance Card, you get all the necessary medical care to allow you to continue your stay in Slovenia. However, the card does not cover health services from private providers. A special agreement also applies to the citizens of Croatia, who can obtain health services in Slovenia with their health cards. For the citizens of all other countries, it is best that you take out international travel insurance even before travelling to Slovenia. They are also recommended for the citizens of the above-mentioned countries. For more detailed information on using health services, please refer to the Health Insurance Institute of Slovenia.

Emergencies

Remember the phone number 112. This is the number of the Emergency Call Centre that can provide you with an ambulance and emergency medical assistance in case of emergency.

Smoking Ban

In Slovenia, smoking is banned in all closed public and work premises, i.e. also in the catering and accommodation establishments. You must be at least 18 years old to buy tobacco products. This makes Slovenia one of the European countries with the most stringent restrictions on smoking

Shops and public services working hours

During the tourist season, most shops are open from 8 a.m. until 8 p.m. on weekdays and many of them are also open during the weekend. Public services and business offices generally work from 8 a.m. until 4 p.m., Monday to Friday.

Post and telecommunications

Post offices are open from 7 a.m. to 7 p.m. on weekdays, in smaller centers from 7 a.m. until 2 p.m. Some offices work a split shift. In most towns and tourist centers, duty post offices are open on Saturdays and Sundays. Phone cards are used in all public telephones and may be purchased from post offices and from newspaper and tobacco kiosks. International calls may be made directly from any public telephone.

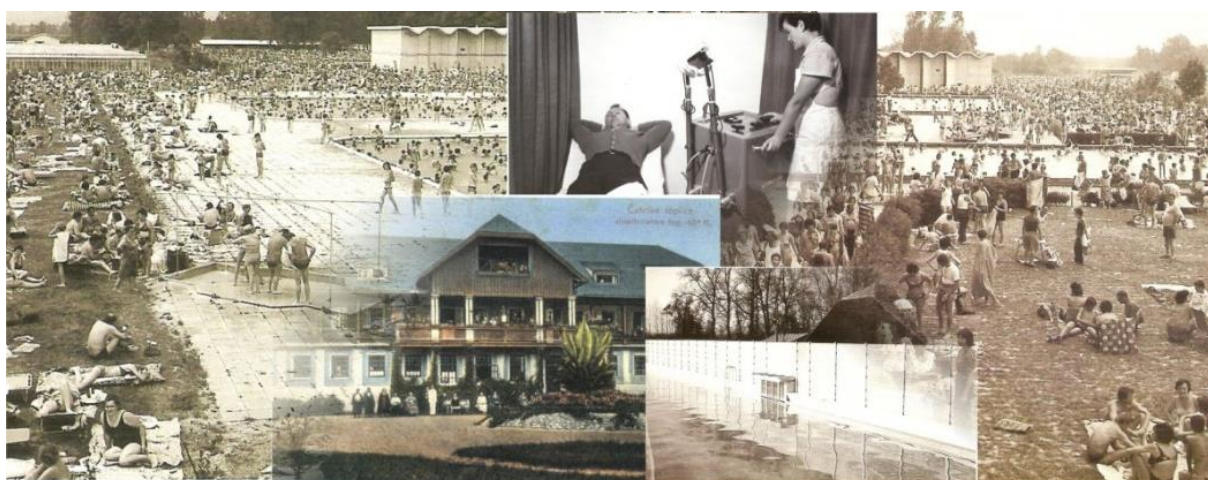


3. INFORMATION ABOUT THE ACCOMMODATION RESORT:

Terme Čatež is a natural health resort and also a sports and recreation center. The resort lies at an altitude of about 145 meters above sea level on the right bank of the Sava River along the Ljubljana - Zagreb motorway. The resort is famous for its thermal healing water, which comes from 11 drillings with the temperatures between 58°C and 63°C from 600 m depth up to the surface, where it is used for the needs of recreational pools, spas and greenhouse heating and also as a remedy for many health issues and preventative treatments. The thermal water is the basic element of all programmes and therapies conducted at the resort.



Hot springs in the area of the resort were first discovered in 1797, but in 1842 they were flooded by the Sava river. The springs were rediscovered in 1854. In 1924 Čatež began to be converted into a Spa resort as we know it today. The real momentum was achieved after 1963 when the first modern facilities were built. The main drillings for Terme Čatež were found and located by geophysicist Janez K. Lapajne.



Today, Terme Čatež is the largest Slovenian natural health resort with a wide selection of products for all generations: attractive water programs, wellness and health services, sports facilities, congress facilities..



This includes the largest indoor pool complex water paradise **ZIMSKA TERMALNA RIVIERA** on over 2,300 m² of indoor thermal water surface with various water attractions like pirate ship, artificial waves, slides, whirlpools...



OFFICIAL ACCOMMODATION:

All athletes and delegations must be accommodated in hotels in the organization of the Technical Organizer (KBF Statute, Article 57.) The reservation in official hotels appointed by the Organizing Committee must be done through official agency:

ADRIA SPORT, agencija za turizem in šport, d.o.o.

Dobriša vas 68, Petrovče

3301 Petrovče, Slovenija

Official person: Mr. Jernej Milenkovič

Tel: +386 41 897 179

E-mail: info@adriatraining.com

Webpage: www.adriatraining.com

LIST OF OFFICIAL ACCOMMODATION:

1. HOTEL – HOTEL TERME *****
 2. HOTEL – HOTEL TOPLICE *****
 3. HOTEL – ČATEŽ ***
- R. REGISTRATION & WEIGH-IN

All official hotels are located inside the Terme Čatež resort, easy walking distance of 100 m from each other!



3.1. HOTEL TERME*****

All modernly decorated and air-conditioned rooms are equipped with a flat-screen satellite TV, a safe, a minibar and a sofa. Private bathrooms feature a shower or a bathtub, a hairdryer and free toiletries. A bathrobe and slippers are provided for your comfort. Hotel Terme also offers a health and beauty centre with an indoor and outdoor swimming pool and a sauna zone. A fine dining restaurant is also available at the hotel. Free WiFi access is available in all areas.



3.2. HOTEL TOPLICE****

Hotel Toplice offers a restaurant, a bar and a sports centre. Free WiFi access is provided in all areas. Hotel Toplice is connected to the Winter and Summer Thermal Riviera via a covered enclosed pathway,

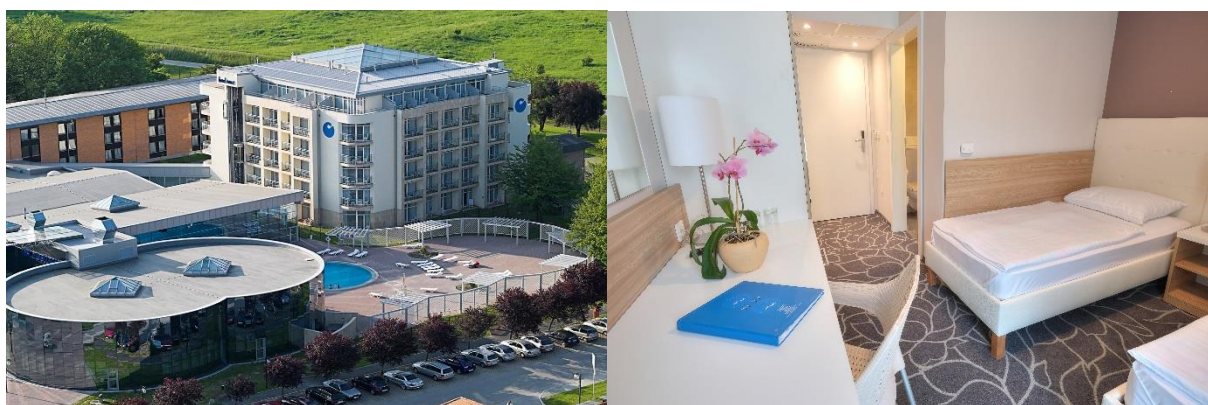
All rooms come with satellite TV, a safe and a sofa. Private bathrooms feature a bath or a shower, a hairdryer and free toiletries. Most rooms in the hotel are air-conditioned and also feature a balcony.



3.3. HOTEL ČATEŽ***

Hotel Čatež offers a restaurant, a bar, an indoor and outdoor swimming pools, a spa & wellness centre and a health centre. Free WiFi access is provided in all areas.

All air-conditioned rooms come with a balcony and are equipped with satellite TV, a safe, a minibar and a seating area. Private bathrooms feature a shower, a hairdryer and free toiletries.



4. ACCOMMODATION PRICES:

The following prices are in EUROS per person/ per night and include accommodation and Half board with buffet breakfast and dinner.

	Hotel Terme****s	Hotel Toplice****	Hotel Čatež***
3 Persons in room	53,00 €	51,00 €	49,00 €
2 Persons in room	55,00 €	54,00 €	53,00 €
Single use	70,00 €	69,00 €	68,00 €
Extra lunch	12,00 €	12,00 €	12,00 €

*Prices are per person/day.

Extras:

Tourist tax: 2,5 EUR person/day

Registry fee: 1,50 EUR per person/stay

Price includes:

HOTEL TERME:

- Halfboard (rich buffet style breakfast and dinner),
- Accommodation in selected rooms (1/1, 1/2. 1/2+1),
- Unlimited entrance to inside, outside swimming pools in hotel Terme,
- Entrance to sauna and fitness in hotel Terme,
- 2x daily entrance to Winter Thermal Riviera.

HOTEL TOPLICE:

- Halfboard (rich buffet style breakfast and dinner),
- Accommodation in selected rooms (1/1, 1/2. 1/2+1),
- Entrance to fitness in Sports center – attached to hotel Toplice,
- 2x daily entrance to Winter Thermal Riviera.

HOTEL ČATEŽ:

- Halfboard (rich buffet style breakfast and dinner),
- Accommodation in selected rooms (1/1, 1/2. 1/2+1),
- Unlimited entrance to inside, outside swimming pools in hotel Čatež,
- 1x daily entrance to Winter Thermal Riviera.



5. COMPETITION VENUE – TOWN OF BREŽICE

All of the competition will take place in the nearby town of Brežice – a town with more than 660 years of tradition. Greenery at the confluence of the Sava and Krka, thermal springs, vineyards and rich architectural heritage – this is why Brežice is known to many as the place where different worlds come together. The city is named after its position, since Rain in German means river bank. Slovene name has the same meaning for the city settlement on the river banks: breg (bank) - bregci (several small river banks) - brežci (optional spelling) – Brežice.



Sport hall Brežice is located exactly 4,5 km from the Terme Čatež resort, where all the competitors will be situated. Sport hall Brežice covers an area of over **6.460 m²** and is intended for various sports such as handball, basketball, volleyball, futsal, karate...



IMPORTANT INFORMATION!!!

6. BOOKING AND PAYMENT FOR THE ACCOMMODATION AND TRANSFERS

The reservation of official accommodation has to be done by filling up the registration form (excel document: ACCOMMODATION FORM.xls) and sending it to following e-mail address:

info@adriatraining.com

6.1. PRELIMINARY RESERVATION: October 20th 2019

Preliminary reservation should be done up to **October 20th , 2019**. In order to make the preliminary reservation please fill out the booking and accommodation forms (excel document: Registration form for accommodation: Table 1 and 2) and send it via email. It is not necessary to send the complete rooming list at this stage.

6.2. FINAL BOOKING AND PAYMENT:

The final booking should be done by November 20th; this date will be considered final. In order to make the final booking it is necessary to fill out and send via email the final rooming list together with booking and accommodation forms by November 20th (excel document: ACCOMMODATION FORM.xls).

At this stage, **30% non-refundable deposit should be paid within 24 hours** (not including Saturdays, Sundays or holidays) to make the reservation valid. The booking will only be confirmed upon receipt of a **non-refundable** deposit corresponding to 30% of the total service fee.

The closing date for payments of 30% deposit is **November 20th 2019**.

PLEASE NOTE:

All reservations that were not made by November 20th as well as all existing reservations which were not paid within this deadline and all changes made after this date will be charged at 30% regular price increase.

The balance of your stay (other 70% of the amount) will have to be paid up to **November 30th 2019**. Booking and payment should be made to the official travel agency Adria Sport d.o.o., Dobriša vas 68, 3301 Petrovče.

6.3. CANCELLATION POLICY

If a cancellation is made within 15 days before the service ordered is due, the participants will be charged 100% of the service ordered fee.

6.4. PAYMENT METHODS / BANK TRANSFER

All payments should be done via bank transfer. You need to pay the required amount within 24 hours from the time of reservation, or time you receive confirmation of availability from our operators. At the same time, the guest is obligated to send Adria Sport d.o.o. a confirmation of the payment. In contrary, Adria Sport d.o.o. is not obligated to carry out the service of the reservation. Adria Sport d.o.o. is not responsible



for outstanding reservations of services caused by not receiving the confirmation within 24 hours (except for Saturdays, Sundays and holidays). All bank costs are to be paid by the client (when making the bank transfer payment client must put OUR on "Detail of charge"). All reservations not paid in full will not be considered valid. Remitter: First Name and Name of the holder of the reservation with home address Receiver: Adria Sport d.o.o., Dobriša vas 68, 3301 Petrovče.

Bank:

-Delavska Hranilnica d.d. Ljubljana, poslovalna enota Celje

-IBAN: SI56 6100 0001 5651 782, Swift code: HDELSI22

-Subject: reservation number given to the guest at time of booking

6.5. TRANSFERS

Transfers are available on request. Please keep in mind to make a request at least 7 days before arrival. For all additional information feel free to contact us on info@adriatraining.com.

INFORMATION & RESERVATIONS:

Adria Sport d.o.o.

Dobriša vas 68, 3301 Petrovče

SLOVENIA, EUROPE

Official person: Mr. Jernej Milenkovič

Tel: +38641897179

E-mail: info@adriatraining.com

www.adriatraining.com



7. INFORMATION AND OBLIGATIONS OF THE CHAMPIONSHIPS

Pursuant to Article 57 of the Statute of the KFB in competitions organized by Karate Federation of Balkan (KFB) can participate:

- Judges delegated by KFB,
- Athletes who are duly registered and in time according to the schedule and have made a payment of registration fee before the event,
- Officials (referees, coaches, representatives of the national karate federation) and athletes who are placed in the OFFICIAL HOTELS published in the Bulletin.

All competitors must bring with them their own gloves and belts (red and blue) and all other protective equipment approved by the WKF.

7.1. COMPETITION CATEGORIES PARTICIPATION FEES / INDIVIDUAL – TEAM

KATA / KUMITE INDIVIDUAL 20€ per competitor
KATA TEAM (3) 15€ per team
KUMITE TEAM MALE (5+2) 20€ per team
KUMITE TEAM FEMALE (3+1) 20€ per team

7.2. NUMBER OF COMPETITORS / TEAMS PER COUNTRY AND CATEGORY

Each country / national federation can register up to 4 competitors for INDIVIDUAL KATA/KUMITE event.

Each country / national federation can register up to:

1 Kata Team Male / 1 Kata Team Female
1 Team Kumite Male Cadets (5+2) / 1 Team Kumite Female Cadets (3+1)
1 Team Kumite Male Juniors (5+2) / 1 Team Kumite Female Juniors (3+1)
1 Team Kumite Male U21 (5+2) / 1 Team Kumite Female U21 (3+1)

7.3. INSURANCE

It is compulsory for all participants and delegation members to effectuate their own medical insurance and personal trip insurance. Karate Federation of Balkan and Organizing Committee are taking no liability for these concepts.



7.4. AGE CATEGORIES

Cadet (01.01.2006.	07.02.2006.), (2005.), (08.02.2004.	31.12.2004.)
Junior (01.01.2004.	07.02.2004.), (2003.), (08.02.2002.	31.12.2002.)
U21 (01.01.2002.	07.02.2002.), (2001.), (2000.),	31.12.1999.)
	(08.02.1999.	

KATA

AGE	INDIVIDUAL	TEAM
Cadets	All belts	All belts
Juniors	All belts	
U21	All belts	All belts

7.5. WEIGHT CATEGORIES

Cadet		Junior		U21	
male	female	male	female	male	female
-52kg	-47kg	-55kg	-48kg	-60kg	-50kg
-57kg	-54kg	-61kg	-53kg	-67kg	-55kg
-63kg	+54kg	-68kg	-59kg	-75kg	-61kg
-70kg	-	-76kg	+59kg	-84kg	-68kg
+70kg	-	+76kg	-	+84kg	+68kg

7.6. REGISTRATION DETAILS

Registration for the 20th Balkan Karate Championships for Cadets, Juniors and U21, Brežice, Slovenia must be done via ON LINE Registration through SPORT DATA / link <https://www.sportdata.org/wkf/set.php?id=288>

Deadline of On-Line registration: 10 days before the Championships. After that deadline (**20th November 2019**) On-Line Registration will close and a penalty to all further registrations may be applied according to the KFB Rules.

8. SCHEDULE

8.1. ACTIVITIES OF REFEREE COMMISSION OF KFB – REFEREE COURSE

THURSDAY, 5th of December 2019 / Hotel TERME 1

Time:	Event:
8:00-9:00	Kata & Kumite Registration
09:00 – 11:00	Kata & Kumite Lecture
11:15 – 12:15	Theory Examination KUMITE
12:30 – 14:00	Theory and Video Examination KATA
16:00 – 17:30	KATA Practical Examination
18:00-19:30	Renewal License
20:00 – 20:45	Referee Briefing

8.2. COMPETITION SCHEDULE

THURSDAY, 5th of December 2019

Time:	Event:
10:00 – 18:00	Registration of Delegations and weigh- in all registered Competitors – entrance R on map next to HOTEL TOPLICE
18:00 – 19:30	KFB Executive Committee Meeting - HOTEL TERME
19:30 – 20:30	Competition Draw

FRIDAY, 6th of December 2019

Time:	Category:	Gender:	
9:00	Cadet Kata Individual	Female	Eliminatories&Repechages
	Cadet Kata Individual	Male	Eliminatories&Repechages
	Junior Kata Individual	Female	Eliminatories&Repechages
	Junior Kata Individual	Male	Eliminatories&Repechages
	U21 Kata Individual	Female	Eliminatories&Repechages
	U21 Kata Individual	Male	Eliminatories&Repechages
	Cadet Kumite -47kg	Female	Eliminatories&Repechages
	Cadet Kumite -54kg	Female	Eliminatories&Repechages
	Cadet Kumite +54kg	Female	Eliminatories&Repechages
	Junior Kumite -48kg	Female	Eliminatories&Repechages
	Junior Kumite -53kg	Female	Eliminatories&Repechages
	Junior Kumite -59kg	Female	Eliminatories&Repechages
	Lunch break		
	Junior Kumite +59kg	Female	Eliminatories&Repechages
	U21 Kumite -50kg	Female	Eliminatories&Repechages
	U21 Kumite -55kg	Female	Eliminatories&Repechages
	U21 Kumite -61kg	Female	Eliminatories&Repechages

	U21 Kumite -68kg	Female	Eliminatories&Repechages
	U21 Kumite +68kg	Female	Eliminatories&Repechages
	All Finals		
19:00	Medals ceremony		

SATURDAY, 7th of December 2019

Time:	Category:	Gender:	
9:00	Cadet Kumite Team	Female	Eliminatories&Repechages
	Cadet Kumite -52kg	Male	Eliminatories&Repechages
	Cadet Kumite -57kg	Male	Eliminatories&Repechages
	Cadet Kumite -63kg	Male	Eliminatories&Repechages
	Cadet Kumite -70kg	Male	Eliminatories&Repechages
	Cadet Kumite +70kg	Male	Eliminatories&Repechages
	Junior Kumite -55kg	Male	Eliminatories&Repechages
	Junior Kumite -61kg	Male	Eliminatories&Repechages
	Junior Kumite -68kg	Male	Eliminatories&Repechages
	Junior Kumite -76kg	Male	Eliminatories&Repechages
	Junior Kumite +76kg	Male	Eliminatories&Repechages
	Lunch break		
	U21 Kumite -60kg	Male	Eliminatories&Repechages
	U21 Kumite -67kg	Male	Eliminatories&Repechages
	U21 Kumite -75kg	Male	Eliminatories&Repechages
	U21 Kumite -84kg	Male	Eliminatories&Repechages
	U21 Kumite +84kg	Male	Eliminatories&Repechages
	Opening Ceremony		
	All Finals		
20:00	Medals ceremony		

SUNDAY, 8th of December 2019

Time:	Category:	Gender:	
9:00	Cadet and Junior Kata Team	Female	Eliminatories&Repechages
	Cadet and Junior Kata Team	Male	Eliminatories&Repechages
	U21 Kata Team	Female	Eliminatories&Repechages
	U21 Kata Team	Male	Eliminatories&Repechages
	Cadet Kumite Team	Male	Eliminatories&Repechages
	Junior Kumite Team	Male	Eliminatories&Repechages
	Junior Kumite Team	Female	Eliminatories&Repechages
	U21 Kumite Team	Female	Eliminatories&Repechages
	U21 Kumite Team	Male	Eliminatories&Repechages
14:00	Medals ceremony		