



WELL-BEING, RELAXATION AND HEALTH FROM THE SOURCE

ROGAŠKA SLATINA On the wings of pegasus

Many years have passed since Apollo, god of light, healing and beauty, now the symbol of the healing mineral water of Donat Mg, uttered these words to his winged horse Pegasus. On his orders, the winged horse struck his hoof to the earth and a mineral spring burst forth, one whose strength and reputation is still present today. A spring that has undoubtedly enriched our history, a spring which with its unique history has paved the way to fame around the world, a spring of health – Donat Mg.

"HERE, WHERE YOU STAND, Is the source of health are real godly power!"



LONG

ADMIRED

Rogaška Slatina is a slice of heaven on earth, welcoming people into the embrace of untouched nature for centuries.

It is a unique health resort that has managed to unite its 400-year tradition of expertise and experience with the spirit of modern times.

An oasis of tranquillity, removed from the fast pace of modern life and the hustle and bustle of the city, it features a modern health resort and tourism infrastructure, interwoven with a rich selection of cultural activities and entertainment, while also catering for casino and congress tourism.

One of the many reasons to visit this spring of health has always been the chance to meet and get to know new people, who all share the desire to enjoy a first-class, healthy and relaxing getaway. Its health benefits are enhanced with expert knowledge and its friendly tourism offer, which are all reasons for why our satisfied guests enjoy returning to this unique resort in eastern Slovenia.



DONAT MG



A WEALTH OF HEALTH From the depths



The priceless wealth, uniqueness and pride of Rogaška Slatina lies in Donat Mg, the natural mineral water with the richest source of magnesium in the world, which has been used for many years for medicinal purposes and is what has made Rogaška Slatina a popular European health resort for centuries, specialising in treating and alleviating gastroenterological, metabolic, psychosomatic and other illnesses.

The spring of health wells up from a depth of between 280 and 600 metres. It is enriched with dissolved minerals from rocks (magnesium, calcium, sulphates, hydrogen carbonates) and other substances (Co). One litre of **Donat Mg** contains around 1,040 milligrams of **magnesium**, which aids in many bodily functions. **Magnesium** and other **minerals** give Donat Mg the **healing power** that soothes and prevents numerous diseases and protects our health. Donat Mg is an irreplaceable metabolism stimulant and it is recommended to drink it your entire life. It is the most researched water in the world and its positive health effects are scientifically proven.

Drinking the mineral water at its source in the drinking hall is a ritual in itself. The amount of water to be drunk, as well as the type and duration of drinking, is determined by a doctor of balneology, depending on the guest's health and the results they wish to obtain. The Donat Mg drinking treatment, in combination with the chosen therapies, is essential in the efforts to relieve constipation, weight issues, the excessive secretion of stomach acid and problems with heartburn; it helps lower blood sugar content, lowers cholesterol and blood pressure, helps the body under stress and alleviates mental and physical strain.



ROGAŠKA MEDICAL CENTRE

Rogaška medical centre offers its guests a comprehensive, professional and individual medical treatment. The goal is to ensure the well-being of the individual, who is attended to by experts in balneotherapy, physiotherapy and massage, receiving specialist check-ups and diagnostics, surgeries, rejuvenating and beauty treatments as well as nutritional consulting. The knowledge and experience of 40 doctors as well as other experts, a 400-year tradition and modern medical equipment are all added to by the local natural resources with healing properties.

Rogaška medical centre also offers rehabilitation and comprehensive medical treatment of gastroenterological and metabolism illnesses.



THE PATH TO HEALTH AND BEAUTY, In one centre, In one place, For all people.







Rogaška medical centre Zdraviliški trg 9 T: +386 (0)3 811 70 15 E: info@rogaska-medical.com www.rogaska-medical.com























IN THE NAME OF COMFORT, Warmth, Elegance, Harmony and Pleasure

For the perfect getaway to Rogaška Slatina, you can choose from a wide range of hotels, each of them being special in themselves. The magnificent hotels that surround the health resort are distinguished by their elegance, their excellent offer and their hospitality.

You can rest your weary body and soul in the numerous thermal water indoor and outdoor hotel swimming pools as well as the larger thermal water swimming centre.

Discover the power of touch and let the experienced masseuses' hands pamper you. Experience the beneficial effect of the mineral baths and try out the beauty salons and invigorating sauna from the large selection of wellness centres.



A CITY OF EXPERIENCES IN THE EMBRACE OF NATURE



Ana's Mansion

Not far from the centre of the health resort, on a Cvetlični hrib, you can find 'Anin dvor' (Ana's Mansion), where you take a walk through a prism of the past and the present of Rogaška Slatina to see the various interesting museum collections. Take a look at the glassworks, graphic, local history, park and water collections.

Health Park

The main part of Rogaška Slatina is the health resort centre with a promenade park, the green heart of the resort. A stroll through the park is a relaxing experience full of interesting sights. The Tempel pavilion stands in the very centre of the park, right above the old Rogaška spring called the Main Spring. The representative Tempel was once the main feature of the valley and the heart of social life. Many other attractions can be found in this part of the park: the mineral water drinking hall, the chapel of St. Anne - the patron saint of the health resort, a natural rarity a Gingko Biloba tree, the unique classicist building of the former Health Home (today the Grand hotel Rogaška), in which you can find the famous Crystal Hall, the memorial of Count Attems, the founder of the health resort, and a statue of Pegasus, the winged horse, and many more.





A BLEND OF Tradition And Dynamic Modern Creativity



Steklarna Rogaška - Glassworks

In additional to its natural beauties and treasures, Rogaška Slatina also prides itself on its 350-year tradition of glassworks. Steklarna Rogaška is one of the leading glassworks in the world, employing the most glassblowers and glass cutters. See how, by the power of the fire, crystal is formed, one that is distinguished by its brilliant appearance and musical resonance. See how, in the hands of the glass masters, admired shapes and forms are created, ones that combine practicality, creativity and art.

Škrabl Organ-building Company

This location is home to water, glass, health, beauty and music. It is certainly not just a coincidence that Rogaška Slatina has one of the largest workshops of the oldest known instrument with keys – the organ. At Škrabl Organ-builders, you can see how this instrument is made as well as dine on local delicacies and enjoy homemade wine.

The Junež Homestead

Rogaška Slatina carefully maintains traditions and preserves customs, which you can get to know by visiting the Junež homestead, an old farmhouse with a black kitchen from the 19th century as well as the authentic local machinery and equipment of those times. For an authentic experience, the members of the GAJA society also prepare typical regional dishes such as the 'slatnska jerpica' - a kind of thinly baked bread, topped with greaves or cream, 'zavihjenčo' - a farm pastry filled with curd, or even the sumptuous 'mlinčofka' an extremely rich rolled sweet dough with filling, baked in an old stone oven.



Information: Tourist Information Centre Rogaška Slatina Zdraviliški trg 1 T: +386 (0)3 581 44 14 E: info@turizem-rogaska.si www.rogaska-tourism.com







GOURMET PLEASURES FOR EVERY TASTE – Only the best from our kitchens

Discover the restaurants, guesthouses, farmhouses and wine vendors, and experience the excellent culinary offer and top-quality wines of local winemakers.

ROGAŠKA SLATINA AND ITS SURROUNDINGS

IN THE EMBRACE Of the natural scenery of experiences

Rogaška Slatina and its surrounding hills invite you to explore:

Kozmetika Afrodita – a leading cosmetic's company on the Slovenian market with over 600 natural products;

Cacti pavilion – a unique collection of over 7000 cacti and succulents from all round the world in Cerovec pod Bočem;

Kostrivnica guided trail – connects and shows the heritage of the water, water sources and life next to the water (Kraljevi vrelec-spring, toplar hayrack, old water mill-Strnišev mlin...);

Boč regional nature park – the pristine hill, the highest in the surrounding area, home to the well-known velvety purple Greater Pasque flower, known in Slovenian as 'velikonočnica' - the Easter flower (*lat. Pulsatilla grandis*);

Beekeeping museum – showing the beekeeping craft in the Čača village at Vita-med Posl.





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MWC

















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Atlantida Boutique Hotel**** Cvetlični hrib 1, T: +386 (0)3 620 16 00, E: info@atlantida-rogaska.com, www.atlantida-rogaska.si

Grand Hotel Donat**** Superior

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Grand Hotel Rogaška**** Superior

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Grand Hotel Sava** Superior and Hotel Zagreb****** Zdraviliški trg 6, T: +386 (0)3 811 40 00,

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Hotel Slovenija****

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GO! Sporthotel & Resort****

Janina 1 b, T: +386 (0)31 614 363, E: info@sport-resort-go.si, www.sport-resort-go.si Opening: end of 2018

Hotel Slatina****

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