

INTERNATIONAL KARATE TOURNAMENT

# 20. POKAL NESTLA ŽGANKA



22. 2. 2026



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## LAST TOURNAMENT:

- 10 COUNTRIES
- 117 CLUBS
- 532 COMPETITORS

RDEČA DVORANA VELENJE  
**SLOVENIJA**

ENTRIES:

**WWW.SPORTDATA.ORG**





## Pozdravni nagovor predsednika Karate kluba Tiger Velenje

Spoštovani športniki, trenerji, cenjeni kolegi in prijatelji karateja, v veliko čast in ponos mi je, da vas lahko povabim na **jubilejni 20. mednarodni memorialni turnir v čast Nestlu Žganku**. Dogodek bo potekal **22. februarja 2026 v Rdeči dvorani v Velenju**.

Karate klub **Tiger Velenje** deluje že **z več kot 30-letno tradicijo**. V tem času je osvojil kar **deset naslovov državnih prvakov**, vzgojil številne odlične športnike ter dosegel **tri evropske medalje, dve peti mesti na svetovnih prvenstvih** in številne visoke uvrstitve na evropski ravni.

Naša zgodba se je začela **leta 1994**, ko sem po dolgotrni tekmovalni poti in na pobudo svojih učencev ustanovil lastni klub – takrat še **Karate klub Rudar Velenje**, ki se je kasneje preimenoval v **Karate klub Tiger Velenje**.

Danes nas karate **povezuje že tri desetletja** – skozi generacije, družine in skupno predanost vrednotam spoštovanja, discipline in notranje moči.

Vsem udeležencem želim, da ta jubilejni dogodek doživite v **pravem športnem duhu**, ki povezuje ljudi ne glede na starost, spol ali prepričanje. Naj bo to priložnost za nova prijateljstva, športne uspehe in lepe spomine.

Dobrodošli v Velenju, Sloveniji – mestu energije, ponosa in karate tradicije.



**Bego Tabaković, Predsednik Karate kluba Tiger Velenje**

## Welcome Address by the President of Karate Club Tiger Velenje

*Dear athletes, coaches, esteemed colleagues, and friends of karate,*

*It is a great honor and privilege to invite you to the **20th International Memorial Tournament in honor of Nestl Žgank**, which will take place on **February 22, 2026, in the Red Hall, Velenje**.*

*The **Karate Club Tiger Velenje** proudly continues its **more than 30-year tradition**.*

*Throughout this time, the club has won **ten national championship titles**, nurtured many outstanding athletes, and achieved **three European medals, two fifth places at World Championships**, and numerous top results at the European level.*

*Our story began in **1994**, when, after many years as a competitor and at the encouragement of my students, I founded my own club – then known as **Karate Club Rudar Velenje**, later renamed to **Karate Club Tiger Velenje**.*

*Today, karate continues to unite us through generations, families, and our shared dedication to the values of respect, discipline, and inner strength.*

*To all participants, I wish you a memorable experience at this  **jubilee event**, filled with the true spirit of sportsmanship that connects people regardless of age, gender, or belief.*

*May this tournament bring new friendships, great achievements, and lasting memories.*

*Welcome to **Velenje, Slovenia** – a city of energy, pride, and karate tradition.*

**Bego Tabaković, President of Karate Club Tiger Velenje**



## **Nagovor župana Mestne občine Velenje ob 30-letnici Karate kluba Tiger Velenje in 20. turnirju Nestla Žganka**

Spoštovane športnice, spoštovani športniki člani Karate kluba Tiger Velenje ter vsi prijatelji športa,

trideset let predanosti, vztrajnosti in srčnosti – to je zgodba, na katero smo v Velenju lahko iskreno ponosni. Karate klub Tiger Velenje je v teh treh desetletjih postal veliko več kot športno društvo. Je klub, kjer se prepletata znanje in srčnost, kjer mladi rastejo ob zgledu starejših in kjer se spoštovanje, disciplina ter prijateljstvo prenašajo iz generacije v generacijo.

**Na Mestni občini Velenje smo ponosni, da imamo v našem mestu klub, ki že desetletja uspešno združuje športno odličnost in vzgojo mladih. S svojimi dosežki in predanostjo člani kluba širite ime Velenja doma in v tujini ter dokazujete, da so vztrajnost, pogum in poštena borba vrednote, ki jih velja negovati – tako na tatamiju kot v življenju.**

Še posebej nas veseli, da klub svoj športni duh, predanost in energijo nesebično prenaša na mlade rodove. S tem ne gradite le športnih uspehov, temveč tudi značaje – močne, odgovorne in srčne ljudi, ki bodo v prihodnosti nadaljevali to lepo tradicijo.

Letos praznujete tudi posebno športno obletnico – 20. izvedbo mednarodnega karate turnirja Nestla Žganka. Ta dogodek je v dveh desetletjih postal simbol povezovanja, prijateljstva in spoštovanja med športniki iz Slovenije in tujine. Pomeni pa tudi veliko priznanje za organizatorje, ki z vztrajnostjo in predanostjo skrbite, da se Velenje vedno znova pokaže kot mesto športa in gostoljubja.

**Dragi člani Karate kluba Tiger Velenje, iskrene čestitke ob 30-letnici vašega delovanja in ob jubilejnem turnirju.** Hvala, ker s svojim delom, trdom in zgledom bogatite našo skupnost in nas vse spominjate, kako pomembno je verjeti v svoje cilje ter nikoli odnehati.

**Naj vas še naprej spremljata moč in pogum Tigra – simbola vaše zagnanosti, srčnosti in neomajne volje.**

Srečno!

**Peter Dermol, župan Mestne občine Velenje**



**Address by the Mayor of the Municipality of Velenje on the 30th Anniversary of the Karate Club Tiger Velenje and the 20th Nestla Žgank Tournament**



*Dear athletes, members of the Karate Club Tiger Velenje, and all friends of sp*

*Thirty years of dedication, perseverance, and passion – this is a story we in Velenje can truly be proud of. Over these three decades, the Karate Club Tiger Velenje has become much more than just a sports association. It is a club where knowledge and heart intertwine, where young people grow by following the example of their elders, and where respect, discipline, and friendship are passed down from generation to generation.*

***At the Municipality of Velenje, we are proud to have in our city a club that has, for decades, successfully combined sporting excellence with the education of young people. Through your achievements and dedication, you promote the name of Velenje both at home and abroad, proving that perseverance, courage, and fair play are values worth nurturing – both on the tatami and in life.***

*We are especially pleased that the club selflessly passes on its sporting spirit, dedication, and energy to younger generations. In doing so, you are not only building athletic success, but also strong, responsible, and kind-hearted individuals who will continue this fine tradition in the future.*

*This year, you also celebrate a special sporting anniversary – the 20th edition of the international karate tournament Nestla Žganka. Over the past two decades, this event has become a symbol of connection, friendship, and mutual respect among athletes from Slovenia and abroad. It also represents great recognition for the organizers, who, with persistence and commitment, ensure that Velenje continues to shine as a city of sport and hospitality.*

*Dear members of the Karate Club Tiger Velenje, sincere congratulations on your 30th anniversary and on this jubilee tournament. Thank you for enriching our community through your work, effort, and example, and for reminding us all how important it is to believe in our goals and never give up.*

***May the strength and courage of the Tiger – the symbol of your enthusiasm, passion, and unwavering will – continue to accompany you on your journey.***

*Good luck!*

***Peter Dermol, Mayor of the Municipality of Velenje***

Resnična moč skupnosti ni v številkah, temveč v srcih ljudi, ki verjamejo drug v drugega in skupaj rastejo.

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*The true strength of a community lies not in its numbers, but in the hearts of people who believe in one another and grow together.*

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*Karate klub Tiger Velenje*

## »NI ŽIVLEJA BREZ VELEJA«

»Ni živleja brez Veleja,« prepeva 6pack Čukur – in z veseljem pritrjujemo vsi Velenjčani, ponosni na svoje mesto. Velenje je sodobno in mlado evropsko mesto, ki slovi po svoji odprtosti, inovativnosti in naklonjenosti športu.



Leži v srcu Šaleške doline in je eno najmlajših slovenskih mest, v katerem živi več kot 33.000 prebivalcev. Je gospodarsko, upravno in izobraževalno središče Savinjsko-šaleške regije ter se ponaša z edinstveno moderno arhitekturo, odprtimi zelenimi površinami in prijaznimi peš conami.

Velenje je tudi eno najmočnejših gospodarskih središč v Sloveniji, kjer delujejo podjetja, kot so Hisense, Premogovnik Velenje in Esotech. Mesto temelji na energiji, inženirstvu in gradbeništvu, v zadnjem času pa se razvija tudi na področju okoljskih tehnologij in industrijskega oblikovanja.

Je mesto priložnosti, sožitja, športa, kulture in glasbe – mesto s srcem in srčnimi ljudmi. Ponosni smo, da lahko v Velenju gostimo najboljše karateiste in karateiste!

## »THERE IS NO LIFE WITHOUT VELEJE«

»There is no life without Veleje,« sings 6pack Čukur – and with joy, all citizens of Velenje proudly agree. Velenje is a modern, youthful European city known for its openness, innovation, and strong commitment to sports.

Located in the heart of the Šalek Valley, Velenje is one of the youngest Slovenian cities, home to more than 33,000 residents. It serves as the economic, administrative, and educational center of the Savinja–Šalek region and stands out for its distinctive modern architecture, open green spaces, and pedestrian-friendly design.

Velenje is also one of Slovenia's strongest economic centers, home to companies such as Hisense, Premogovnik Velenje, and Esotech. Its development rests on energy, engineering, and construction industries, and in recent years, it has been growing in the fields of environmental technologies and industrial design.

It is a city of opportunity, harmony, sport, culture, and music – a city with heart and heartfelt people. We are proud to host the best karatekas here in Velenje!

**Velenje – mesto s srcem, ki bije tudi onkraj meja! / Velenje – a city with a heart that beats beyond borders!**



# INTERNATIONAL KARATE TOURNAMENT 20. POKAL NESTLA ŽGANKA



**Organizator / Organizer:** KARATE KLUB TIGER VELENJE

**Datum / Date:** 22. 2. 2026

**Kraj dogodka / Place of event:** RDEČA DVORANA VELENJE

**Kontakt / Contact:** KK Tiger Velenje  
bego.tabakovic@gmail.com

**English contact:** [karateklubtiger.velenje@gmail.com](mailto:karateklubtiger.velenje@gmail.com)

## URNIK

9:00 Začetek tekmovanja

Urnik bo objavljen na spletni strani [sportdata.org](http://sportdata.org) dva dni pred turnirjem.

## TIMETABLE

9:00 Start of the competition

Timetable will be published on [sportdata.org](http://sportdata.org) two days before the tournament.

### SPLOŠNI POGOJI

Tekmovalci nastopajo na lastno odgovornost. V primeru morebitnih poškodb na tekmovanju ne morejo zahtevati od organizatorja nikakršnega povračila.

Podatke o tekmovalcih se dokazuje z javnimi listinami (osebna izkaznica, potni list, itd.).

Na turnirju lahko nastopajo člani klubov in zvez, ki so članice EKF in WKF.

### GENERAL CONDITIONS

*All competitors enter this competition at their own risk and by doing so agree to absolve the organisers of any claims which may arise however so caused. All the necessary*

*information concerning each competitor is obtained from official documents such as identification cards, passports etc. Only clubs and competitors who are members of National karate federations – members of EKF and WKF are permitted to take part on the tournament.*

# INTERNATIONAL KARATE TOURNAMENT 20. POKAL NESTLA ŽGANKA



## TEKMOVALNA TAKSA / ENTRY FEE

30 EUR Posamezni nastop / *Individual category*

40 EUR Ekipni nastop / *Team category*

Tekmovalna taksa se lahko plača z bančnim nakazilom. / *Entry fee can be paid via Bank transfer.*

Ime banke / *Bank name:* Delavska hranilnica d.d. Ljubljana; Miklošičeva 5, 1000 Ljubljana

Swift/Bic: HDELSI22

**IBAN: SI56 6100 0002 0482 964**

Karate klub Tiger Velenje, Jenkova 14, 3320 Velenje

**PRIJAVE / APPLICATIONS:** <https://set.sportdata.org/>

**ROK ZA PRIJAVE / APPLICATION DEADLINE:** 20.02.2026



# INTERNATIONAL KARATE TOURNAMENT 20. POKAL NESTLA ŽGANKA



## KATEGORIJE / CATEGORIES

| KATA POSAMEZNO/ KATA INDIVIDUAL      |                                                                                                                                                               |                                      |
|--------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------|
| ŽENSKE/FEMALE                        | KATA PRAVILA/KATA RULES                                                                                                                                       | MOŠKI/MALE                           |
| Starost/Age                          |                                                                                                                                                               | Starost/Age                          |
| U8 (6,7 LET)<br>I.Nivo (8-6 KYU)     | -Kata (šolska) se lahko ponavlja<br>-Same kata (School) can be repeated                                                                                       | U8 (6,7 LET)<br>I.Nivo (8-6 KYU)     |
| U 8<br>ABS                           | -Kata (šolska) se lahko ponavlja<br>-Same kata (School) can be repeated                                                                                       | U 8<br>ABS                           |
| U10 (8,9 LET)<br>I.Nivo (8-6 KYU)    | -Kata (šolska) se lahko ponavlja<br>-Same kata (School) can be repeated                                                                                       | U10 (8,9 LET)<br>I.Nivo (8-6 KYU)    |
| U10<br>ABS                           | -Kata se lahko ponavlja, v finalu druga kata šolske<br>- same kata can be repeated, in final different kata (school kata)                                     | U10<br>ABS                           |
| U12 (10,11 LET)<br>I.Nivo (8-4 KYU)  | -Kata se lahko ponavlja, v finalu druga kata šolske<br>- same kata can be repeated, in final different kata (school kata)                                     | U12 (10,11 LET)<br>I.Nivo (8-4 KYU)  |
| U12<br>ABS                           | -1.in 2. krog šolske kate, nato iz seznama wkf, vsak krog druga kata<br>-1.and 2. round school kata, after free choice of kata WKF, each round different kata | U12<br>ABS                           |
| U14 (12, 13 LET)<br>I.Nivo (8-3 KYU) | -Kata se lahko ponavlja, v finalu druga kata šolske<br>- same kata can be repeated, in final different kata (school kata)                                     | U14 (12, 13 LET)<br>I.Nivo (8-3 KYU) |
| U14<br>ABS                           | -1.in 2. krog šolske kate, nato iz seznama wkf, vsak krog druga kata<br>-1.and 2. round school kata, after free choice of kata WKF, each round different kata | U14<br>ABS                           |
| U16                                  | PRAVILA WKF/ WKF RULES                                                                                                                                        | U16                                  |
| U18                                  | PRAVILA WKF/ WKF RULES                                                                                                                                        | U18                                  |
| Članice/ Female seniors 16+          | PRAVILA WKF/ WKF RULES                                                                                                                                        | Člani/Seniors 16+                    |
| Veteranke/Female Veterans 35+        | -vsak krog druga kata<br>- each round different kata                                                                                                          | Veterani/Veterans 35+                |
| Veteranke/Female Veterans 50+        | -vsak krog druga kata<br>- each round different kata                                                                                                          | Veteranke/Veterans 50+               |

11 let in mlajši U12: sočasna izvedba v paru  
11years and younger: simultaneously in pair



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| PARA KARATE                                                                                                             |                                                                                                                         |
|-------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------|
| ŽENSKE/FEMALE KATA                                                                                                      | MOŠKI/MALE KATA                                                                                                         |
| DOWNOV SINDROM/DOWN SINDROM U16                                                                                         | DOWNOV SINDROM/DOWN SINDROM U16                                                                                         |
| GIBALNA OVIRANOST/ Athletes with physical impairments affecting the lower limbs, performing kata from a wheelchair. U16 | GIBALNA OVIRANOST/ Athletes with physical impairments affecting the lower limbs, performing kata from a wheelchair U16  |
| OSEBE Z MOTNJO V DUŠEVNEM RAZVOJU/ Athletes with intellectual disabilities U16                                          | OSEBE Z MOTNJO V DUŠEVNEM RAZVOJU/ Athletes with intellectual disabilities U16                                          |
| OSEBE Z OKVARO SLUHA/ Athletes with hearing impairments U16                                                             | OSEBE Z OKVARO SLUHA/ Athletes with hearing impairments U16                                                             |
| OSEBE Z OKVARO VIDA/ Athletes with visual impairments U16                                                               | OSEBE Z OKVARO VIDA/ Athletes with visual impairments U16                                                               |
| DOWNOV SINDROM/DOWN SINDROM +16                                                                                         | DOWNOV SINDROM/DOWN SINDROM +16                                                                                         |
| GIBALNA OVIRANOST/ Athletes with physical impairments affecting the lower limbs, performing kata from a wheelchair. +16 | GIBALNA OVIRANOST/ Athletes with physical impairments affecting the lower limbs, performing kata from a wheelchair. +16 |
| OSEBE Z MOTNJO V DUŠEVNEM RAZVOJU/ Athletes with intellectual disabilities +16                                          | OSEBE Z MOTNJO V DUŠEVNEM RAZVOJU/ Athletes with intellectual disabilities +16                                          |
| OSEBE Z OKVARO SLUHA/ Athletes with hearing impairments +16                                                             | OSEBE Z OKVARO SLUHA/ Athletes with hearing impairments +16                                                             |
| OSEBE Z OKVARO VIDA/ Athletes with visual impairments +16                                                               | OSEBE Z OKVARO VIDA/ Athletes with visual impairments +16                                                               |

### WKF PRAVILA/WKF RULES



**Bego Tabaković, Predsednik KK Tiger Velenje (1994 – 2025)**

*Leta 2025 klub deluje že s 30-letno tradicijo in ponosno organizira jubilejni 20. mednarodni turnir Nestla Žganka.*

**Bego Tabaković, President of KC Tiger Velenje (1994 – 2025)**

*In 2025, the club proudly continues its 30-year tradition and hosts the 20th anniversary International Nestla Žganka Tournament.*

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| BORBE/KUMITE                  |                         |
|-------------------------------|-------------------------|
| BORBE ŽENSKE/KUMITE FEMALE    | BORBE MOŠKI/KUMITE MALE |
| U10 -28kg                     | U10 -26kg               |
| U10 -32kg                     | U10 -30kg               |
| U10 -36kg                     | U10 -34kg               |
| U10 +36kg                     | U10 -39kg               |
| U12 -40kg                     | U10 +39kg               |
| U12 +40kg                     | U12 -35kg               |
| U14 -42kg                     | U12 -40kg               |
| U14 -47kg                     | U12 -45kg               |
| U14 -52kg                     | U12 +45kg               |
| U14 +52kg                     | U14 -40kg               |
| U16 -47kg                     | U14 -45kg               |
| U16 -54kg                     | U14 -50kg               |
| U16 -61kg                     | U14 -55kg               |
| U16 +61kg                     | U14 +55kg               |
| U18 -48kg                     | U16 -52kg               |
| U18 -53kg                     | U16 -57kg               |
| U18 -59kg                     | U16 -63kg               |
| U18 -66 kg                    | U16 -70kg               |
| U18 +66kg                     | U16 +70kg               |
| U21 -50kg                     | U18 -55kg               |
| U21 -55kg                     | U18 -61kg               |
| U21-61kg                      | U18 -68kg               |
| U21 -68kg                     | U18 -76kg               |
| U21 +68kg                     | U18 +76kg               |
| Članice/ Female Seniors -50kg | U21 -60kg               |
| Članice/ Female Seniors -55kg | U21 -67kg               |
| Članice/ Female Seniors -61kg | U21 -75kg               |
| Članice/ Female Seniors -68kg | U21 -84kg               |
| Članice/ Female Seniors +68kg | U21 +84kg               |
| Članice/ Female Seniors OPEN  | Člani/Seniors -60kg     |
|                               | Člani/Seniors -67kg     |
|                               | Člani/Seniors -75kg     |
|                               | Člani/Seniors -84       |
|                               | Člani/Seniors +84       |
|                               | Člani OPEN              |



# INTERNATIONAL KARATE TOURNAMENT 20. POKAL NESTLA ŽGANKA



## PRAVILA / RULES

Tekmovanje bo potekalo v skladu s pravili WKF (World Karate Federation), z manjšimi prilagoditvami, če bo to potrebno, kot jih določi organizator.

*The competition will be conducted in accordance with the rules of the World Karate Federation (WKF), with minor adjustments if necessary, as determined by the organizer.*

Trajanje borbe:

- 11 let in mlajši (U12) 60 sekund,
- 12 in 13 let (U14) 90 sekund
- Kadeti, mladinci (U16 in U18) 2 minuti
- Mlajši člani (U21), člani 3 minute

*Duration of the fight:*

- 11 years and under (U12): 60 seconds
- 12 and 13 years (U14): 90 seconds
- Cadets, juniors (U16 and U18): 2 minutes
- Younger seniors (U21), seniors: 3 minutes

Tehtanje bo izbrano naključno. Če je tekmovalec v kimonu težji za 1,5kg nad prijavljeno kategorijo bo diskvalificiran s tekmovanja!

*Weigh-in will be randomly selected. If the competitor is above the weight category by 1,5 kg in karate kimono, he/she will be disqualified from the competition!*



Pravi mojster karateja ne išče boja, temveč ravnovesje – med močjo in mirom,

med telesom in duhom.

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*A true master of karate seeks not the fight, but balance – between strength and peace,  
between body and spirit.*

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Karate klub Tiger Velenje

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## ZAŠČITNA OPREMA/ PROTECTIVE EQUIPMENT

**ZAŠČITNA OPREMA** - Za vse tekmovalce v kumiteju je obvezno nošenje popolne zaščitne opreme.

To vključuje:

- Predpisane ščitnike za goleni in stopala, karate rokavice (rdeče – AKA ali modre – AO), ščitnik za telo in ščitnik za zobe.
- Za tekmovalce do 14 let sta obvezna dodatna zaščita, kar vključuje zaščitno čelado (head guard), zunanji telovnik in zaščita za genitalije.
- Vsa zaščitna oprema mora biti v skladu s standardi WKF in pravilno uporabljena med borbo.

**PROTECTIVE EQUIPMENT** - All kumite competitors must wear complete protective equipment, including:

- Approved shin and foot protectors
- Karate gloves (red – AKA or blue – AO)
- Body protector
- Mouth guard

*For competitors under 14 years of age, additional protection is mandatory, including:*

- Head guard
- Outer chest protector
- Groin guard

*All protective equipment must comply with WKF standards and be properly worn during*

**Nasvidenje v Velenju!**  
**See you in Velenje!**



## NASTANITVE / PLACES TO STAY



*Hotel Paka: Rudarska cesta 1, 3320 Velenje*



Hotel Razgoršek: Stari trg 33, 3320 Velenje



Hostel Velenje: Efenkova cesta 61A, 3320 Velenje

